

**11th APPS Annual Scientific Congress in conjunction with
29th HKSPRA Annual Scientific Meeting
30 Oct – 1 Nov 2026, Hong Kong
Programme (Version: 6 July 2026)**

30 Oct 2026 (Friday)

<u>Parallel Workshop 1</u> Paediatric Airway Interventions by Flexible Bronchoscopy Time: 09:45 – 17:00 Target: Doctors and Nurses (30 pax) Lectures: • Airway Foreign Body: Management by Flexible Bronchoscopy • Flexible Bronchoscopy Guided Fire and Ice Therapy in Paediatric Airway • Paediatric Airway Stenting with Flexible Bronchoscopy • Anaesthetic Support for Interventional Bronchoscopy Sedation Ventilation for IB in PNICU Hands-on Stations: • Foreign Body Retrieval • APC • Ballon Dilatation / Soong's Ventilation	<u>Parallel Workshop 2</u> Cystic Fibrosis: From Zero to 100 Time: 09:30 – 17:00 Target: Doctors and Nurses (30 pax) Lectures: • Making the diagnosis • How intensive to identify and treat respiratory infection • Nebulizer therapy • CFTR modulator use in Asia • Nutritional support • Chest physiotherapy Hands-on Stations: • Sweat Test • Aquagenic Winkling • Airway Clearance • Inhalation Therapy	<u>Parallel Workshop 3</u> Lung Function: Tidal to Force Time: 10:00 – 17:00 Target: Doctors, Nurses and Technicians (30 pax) Lectures: • Incentive spirometry • Interpretation of body box readings • DLCO – interpretation • Challenge tests in lung function • Tidal breathing lung function tests • Nitric oxide tests for respiratory diseases Hands-on Stations: • Lung Function Tests: the Method	<u>Parallel Workshop 4</u> Ventilators Optimization: PICU Transport to Home Time: 10:15 – 17:00 Target: Doctors and Nurses (30 pax) Lectures: • Pathophysiology of respiratory insufficiency • Acute non-invasive Ventilation • Apneic intubation • Invasive ventilation: the right strategy • Use of NAVA in neuromuscular patients or recurrent failed extubation • Troubleshooting Paediatric NIV: A Case-based Practical Approach • Tracheostomy – optimal home care strategies Hands-on Stations
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31 Oct 2026 (Saturday)

08:00	Registration
09:00 – 09:30	Opening Ceremony
09:30 – 11:00	<u>Keynote Lecture 1 and 2</u> • Paediatric Pulmonary Tuberculosis Guideline – 2026 • Asthma Management 2026

11:00 – 11:30	Coffee Break		
11:30 – 13:15	<u>Parallel Symposium 1</u> Asthma Thunderstorm Asthma	<u>Parallel Symposium 2</u> Obstructive Sleep Apnoea Syndrome - Hypoxic Burden – Is it Ready for Use in Childhood Obstructive Sleep Apnoea? - Dental Intervention for Childhood Obstructive Sleep Apnoea – What is the Longer-term Outcome? - Phenotyping Childhood Obstructive Sleep Apnoea Syndrome – A New Standard	<u>Parallel Symposium 3</u> Technology Dependent Children - The News in Neuromuscular Disorder - Transition to Non-invasive Support: When & How - Hospital to Home Ventilation - Common mistakes, unmet needs and adaptation at home: unknown to hospital staff
13:15 – 14:00	Lunch Break		
14:00 – 15:13	<u>Parallel Free Paper Oral Presentation 1</u>	<u>Parallel Free Paper Oral Presentation 2</u>	<u>Parallel Free Paper Oral Presentation 3</u>
15:15 – 15:45	Coffee Break		
15:45 – 17:15	<u>Keynote Lecture 3 and 4</u> - What Happens to a Child with Obstructive Sleep Apnoea in Adulthood – Cardiovascular Perspective - Year in Review: Paediatric Respiratory Medicine		
17:30 – 18:45	<u>30th HKSPRA Annual General Meeting</u>		<u>13th APPS Annual General Meeting</u>
19:00 – 22:00	Congress Dinner		

1 Nov 2026 (Sunday)

07:15	Registration		
08:00 – 08:45	<u>Keynote Lecture 5</u> Diagnosis and Management in Primary Ciliary Dyskinesia		

08:45 – 10:30	<u>Parallel Symposium 4</u> Respirology - Mapping the Vascular Obstruction in the Airway – An Integrated Approach - Management of Central Airway Obstruction in Children - Heated Humidified High Flow – A Pragmatic Approach	<u>Parallel Symposium 5</u> Respiratory Syncytial Virus - Protecting Infant from Respiratory Syncytial Virus - Treatment of Respiratory Syncytial Virus Infection - Sequelae of Respiratory Syncytial Virus Infection	<u>Parallel Symposium 6</u> Cystic Fibrosis - Overcoming the Diagnosis Challenges - Establishing a Cystic Fibrosis Service – A Tale of 2 Cities - Achieving an Optimal Cystic Fibrosis Management - Diagnosis of Cystic Fibrosis by Genes Study – the Pros and Cons
10:30 – 11:00	Coffee Break		
11:00 – 12:45	<u>Parallel Symposium 7</u> Infectious Diseases - Encephalitis - Severe Adenovirus Respiratory Infections – the Possible Treatment	<u>Parallel Symposium 8</u> Skin and Allergy - Eczema and Vitiligo: the JAK treatment - Type 2 Inflammation in Skin - Integrative Medicine for Childhood Atopic Diseases	<u>Parallel Symposium 9</u> Critical Care Medicine - A Novel Respiratory Support for Resuscitation - Aerosolized Therapies in Critical Ill Children - Flexible Bronchoscopy Treatment in Airway Hyper-secretion
12:45 – 13:30	Lunch Break		
13:30 – 15:15	<u>Parallel Symposium 10</u> Respirology - Non-CF Bronchiectasis – the NEWs - Dysfunctional Swallowing - Post-infection Bronchiolitis Obliterans Management	<u>Parallel Symposium 11</u> Tuberculosis - Difficulties and Challenges in the Diagnosis and Treatment of Paediatric Tuberculosis - Sequelae of Pulmonary Tuberculosis - Classification and Treatment Strategies of Paediatric Tracheobronchial Tuberculosis	<u>Parallel Symposium 12</u> Common Sleep Medicine - An App Intervention for Sleep Problems in Children with Neurodiversity - Technological Ways of Dealing with Insomnia in Adolescents - Insomnia Management

15:15 – 15:45	Coffee Break
15:45 – 16:30	<u>Keynote Lecture 6</u> • Interventional Flexible Bronchoscopy in Children: State of the Art
16:30 – 17:00	Closing Ceremony and Presentation of Awards